

Baby Formula Shortage:

What to Do & What Not to Do

DONATE

Anyone with unopened, unexpired formula should contact their local food pantry, food bank, [Help Me Grow Home Visiting program](#), or child doctor's office to donate.

Find a local food program: [Ohio Association of Foodbanks County Directory](#), [Human Milk Banking Association of North America \(HMBANA\) Accredited Milk Bank Finder](#), [United Way 2-1-1 Community Resource Services](#), [Community Action Agency Search](#)

FIND FORMULA

We know that formula is hard to find right now. You can:

- ✓ Contact local food pantries, your local food bank, or your pediatrician's office to locate formula.
- ✓ Use these resources to find other brands of formula that may be similar to the one you use: [WIC Food Updates Resource](#) & [WIC Formula Conversion Guide](#)


MONITOR

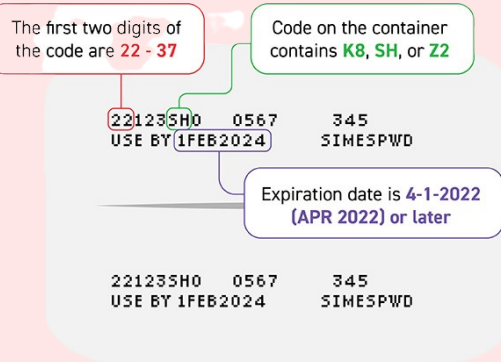
Please be aware of a recall on powdered formula from Similac, Alimentum, and EleCare and one lot of Similac PM 60/40. Check your formula before using it!

If it is part of the recall, return it to the store where it was purchased. WIC families: You should be offered the same return, exchange, and refund options as any other customer! See if your powdered formula is part of the recall here:





<https://www.similacrecall.com/us/en/product-lookup.html>

DO NOT

The FDA is advising consumers not to use Similac, Alimentum, and EleCare and one lot of Similac PM 60/40 powdered infant formulas if 



Because babies need a specific balance of nutrients, do not:

-  Water down your formula.
-  Make your own formula.
-  Give your baby cow milk or goat milk before contacting your pediatrician
-  Purchase more than you need for the next month - instead, save some for the next mother or caregiver looking for formula to feed their baby.

Talk to your pediatrician's office for assistance on how to best meet your child's nutritional needs.



You can find more guidance and information from the [American Academy of Pediatrics](https://www.aapublications.org/).

If you have questions, please contact:
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