

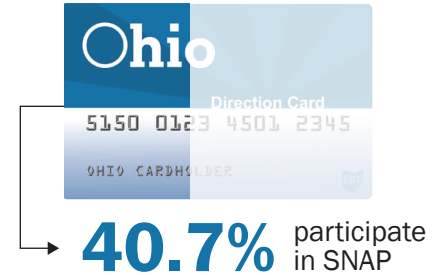
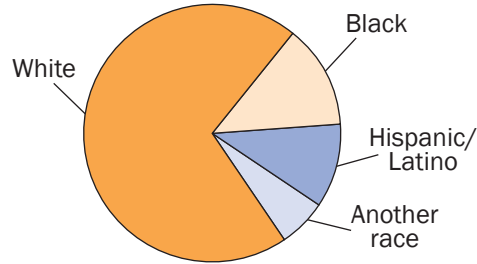
2023 STATEWIDE STUDY OF HUNGER IN OHIO

Ohio foodbanks conducted a survey of emergency food distribution visitors from April 14 to May 7, 2023. The survey was anonymous and included 2,087 validated responses from residents of 32.6% of all Ohio zip codes. These findings are representative of the experiences and challenges facing foodbank clients statewide.

HOUSEHOLD SNAPSHOT

More than **8 IN 10**

foodbank clients sought help with emergency food because of higher food costs



44.3%

have at least one member under 18



34.7%

have at least one member over 60



38.1%

include at least one disabled member

Nearly **4 IN 10**

have at least one member with high blood pressure/hypertension

More than **1 IN 4**

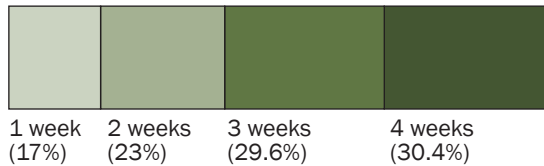
have at least one member with diabetes

More than **1 IN 7**

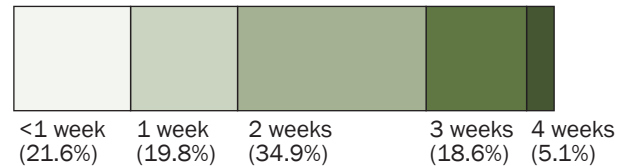
have at least one member with heart disease/stroke

SNAP BENEFIT ADEQUACY

With pandemic-era SNAP benefits, **3 in 10** SNAP participants said their benefits lasted the full month



Since the end of pandemic-era SNAP benefits, **just 5%** of SNAP participants said their benefits lasted the full month



More than **3 IN 4** said that, since the end of pandemic-era SNAP benefits, their household's SNAP benefit is completely used up within the first two weeks each month

TRADEOFFS & COPING STRATEGIES



2 IN 3 (65.5%)

households served by foodbanks have adults in their household that cut the size of meals or skipped meals because there wasn't enough money for food in the last 12 months, including more than

1 IN 3 (36.6%)

that did so almost every month over the last year

When asked about whether they had to choose between paying for food or for other household expenses in the last 2-3 months:

68% had to choose between food and transportation/gas

66% had to choose between food and utilities

55% had to choose between food or medicine/health care

50% had to choose between food and housing



54% reported feeling down, depressed, or hopeless since March



37% said they will rely on us more often in the next 2 months; just **5%** said they would rely on us less often